



Lunch Menu for Ram's Kitchen



Aug-16

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4	1) Breakfast for Lunch w/Hash brown 2) Ham & Chz Sandwich w/ Baby carrots	5	1) Pizza Day w/ steamed broccoli 2) Manager's choice
8	1) Turkey Corn Dog w/Peas 2) PBJ w/ Celery sticks	9	Taco Tuesday 1) Bean and Cheese Burrito w/ spanish rice 2) Chicken Fajitas w/ Corn	10	1) Popcorn Chicken w/ Baked Beans 2) Chef Salad w/ Croutons	11	1) Spaghetti Bolognese w/ green beans 2) Baked Potato Bar w/ Wheat roll	12	1) Pizza Day w/ steamed carrots 2) Manager's choice
15	1) Cheese Burgers w/ Baked beans 2) PBJ w/ Baby carrots	16	1) Crunchy Beef Tacos w/ corn 2) Chicken & Cheese quesadilla w/ Pinto beans	17	1) Pork Egg rolls w/ fried rice 2) Turkey & chz Sandwich w/ Celery sticks	18	Breakfast for LUNCH w/ Hash brown 2) Turkey & Chz Sandwich	19	Half Day Pizza Day w/ choice of veggies & fruits , Cookie & Milk
22	1) Sloppy J's w/ Baked beans 2) PBJ w/Celery sticks	23	1) Bean & Chz Tostadas w/ spanish rice 2) Chicken & green chili Enchiladas w/Corn	24	1) Turkey Ham & Chz Sandwich w/ Baby carrots 2) Chicken Ceaser Salad	25	1) Mac & chz w/ steamed broccoli 2) Meat Lasagna w/ Garden salad	26	1) Pizza Day w/ steamed carrots 2) Manager's choice
29	1) Beef Hot dogs w/ Chips 2) PBJ w/ Baby carrots	30	1) Crunchy Turkey Tacos w/ Corn 2) Chicken Nachos w/ Refried beans	31	1) BBQ Pork Sandwich w/ coleslaw 2) Grilled Cheese w/ Peas		<i>EAT SMART! THIS IS HOW WE ROLL..</i> 		* EACH MEAL COMES WITH A CHOICE OF 1% FAT FREE , FF CHOC or FF STRAWBERRY MILK

All bread and tortillas are whole grain

*Menu subject to change

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